

# Community Resources

Emergency Services (Fire, Ambulance, Police) 911

Sault Ste. Marie City Police 705 949 6300

Ontario Provincial Police 705 945 6316

Ambulance 705 256 5621

Sault Area Hospital 705 759 3434

Fire Department 705 949 3335

## Shelters

Nimkii-Naabkwagon Family Crisis Shelter (Family Shelter) 705 941 9054

Pauline's Place (Shelter) 705 759 4663

SSM Social Housing Application Centre 705 750 7748

St. Vincent's Place (Shelter) 705 253 2770

Women in Crisis (Women's Shelter) 705 759 1230

Algoma Community Legal Clinic 705 942 4900

John Howard Society 705 759 3389

Neighborhood Resource Centre 705 450 1746

Ontario Disability Support Programs 705 253 2001

Ontario Works 705 759 5457

SSM Social Housing Application Centre 705 750 7748

Soup Kitchen Community Centre 705 942 2694

## Crisis Lines

Sault Area Hospital, Crisis Services (Crisis Line) 705 759 3398 or 1 800 721 0077

Regional Warm Line (Crisis Line) 1 866 531 2600

Women in Crisis 705 759 1230

211 Ontario Help Line Toll Free (Crisis Line) 1 888 340 1001

Addictions & Mental Health Info / Services 705 759 5989

Canadian Mental Health Association 705 759 5989

Canadian Cancer Society 1888 939 3333

Canada Suicide Prevention Service - 1-833-456-4566

Canada Text from 5 pm – 1 am 45645 if you are feeling depressed or suicidal

First Nations & Inuit Hope for Wellness Help Line (Crisis Line) 1-855-242-3310

French Speaking Women Crisis Number Fem'aide 1 877 336 2433

local number 705 253 0049

Good 2 Talk - Post Secondary Student Helpline 1 866 925 5454

Human Trafficking Support 1 833 999 9211

John Howard Society 705 759 3389

Kids HelpPhone 1 800 668 6868 reachoutnow.ca

Lesbian Gay Bi Trans Youth Line 1 800 268 9688 or text 647 694 4275

Mental Health Helpline 1-866-531-2600

Mental Health Info / Services 705 759 5989

Mental Health & Addictions Access Line 1 866 550 5205

National Alliance on Mental Health has a 24-hour helpline: 800-950-6264.

Nimkii-Naabkwagon Family Crisis Shelter 705 941 9054  
Ontario Disability Support Programs 705 253 2001  
Ontario Works 705 759 5457  
Pauline's Place 705 759 4663  
Regional Warm Line 6pm – 12am 1 866 531 2600  
Sault Area Hospital 705 253 9671  
Sexual Assault Help Line 1 800 205 7100  
Suicide Hotline 1-800-721-0077  
Talk 4 Healing Helpline for Aboriginal Women 1 855 554 Heal (4325) [talk4healing.com](http://talk4healing.com)  
Trans Life Line US: 877 565 8860 Canada: 877 330 6366 [translifeline.org](http://translifeline.org)  
Veterans Crisis Number 1 800 268 7708 Canada  
Women in Crisis (Crisis Line) 705 759 1230 or 1 877 759 1230